






Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
<p>Click a box to be directed to the relevant link</p> <p><b>GO!</b></p>	<p>1 Find out what was number 1 on the day you were born and listen to it! Do the same for other family members. Who gets the best birthday tune?!</p>	<p>2 <b>BEAT GOES ON...</b></p> <p>Learn how to play your face! Watch this mini tutorial from our friend Ollie Tunmer. What can you come up with?</p>	<p>3 Learn a song in Spanish! Visit our resources section for loads of ideas!</p>	<p>4 </p> <p>Make a rainstick!</p>	<p>5 <b>TER PIECES</b> <i>at home</i></p> <p>Chose one of the BBC ten pieces films to watch and listen to</p>	<p>6 Complete this body percussion tutorial by HMS Dancer in Residence Dorinia Harley. Keep practicing it – we will be returning to this again later! Video 1 <a href="#">here</a></p>	
<p>7 Write a song of 8 lines about : a) your favourite food b) your best time at school c) your best friend d) what you want to be when you grow up. The words have to include 'One day' or 'it was great' then record it.</p>	<p>8 <b>Stand outside and record a soundscape</b></p>	<p>9 <b>Paint a picture inspired by your soundscape</b></p>	<p>10 <b>TER PIECES</b> <i>at home</i></p> <p>Chose one of the BBC ten pieces that includes some singing to watch and listen to</p>	<p><b>AIDANCE</b> DEMBIS THOINGS presents <b>ONLINE</b> <b>WEST AFRICAN DANCE CLASSES</b> FROM YOUR LIVING SPACE WITH LIVE MUSIC</p>	<p>12 Complete Part 2 of Dorinia Harley's body percussion video series <a href="#">here</a></p>	<p>13 Listen to any children's songs involving numbers and memorise it. Then learn to sing it and record it</p>	
<p>14 </p> <p>Record your own music video to your favourite song!</p>	<p>15 Today would have been the launch of the Hackney School's Music &amp; Dance Festival. Celebrate by leading a singing assembly at home with your family!</p>	<p>16 This morning would have been the first of our Infant Singing Festival events. Join in with one of our all-time favourite Infant songs, performed <a href="#">here</a> for us by Natalie Simmonds, Music Lead for the New Wave Federation Schools</p>	<p>17 There should also have been Junior Singing Events taking place this week. Join one of our Junior Festival Conductors Kate Shortt and learn both to sing a new song and to sign along in BSL</p>	<p>18 Learn this song from the Hackney Musical that would have been featured in this year's Junior Festival, composed by the fabulous Christopher &amp; Wendy Norton.</p>	<p>19 Today would have been our Early Years Singing Festival! Join one of our fab EYFS Festival Conductors, Michelle from Queensbridge Primary School, and sing some of these gorgeous <a href="#">songs with your little ones</a></p>	<p>20 Chose a country that you have never been to but would love to visit one day, find some music from there and listen to it</p>	
<p>21 Complete the final tutorial from Dorinia Harley. See video <a href="#">here</a></p>	<p>22 Today would have been our Dance Festival day! Put your memory to the test by recording yourselves performing all three of Dorinia's videos in sequence! Tag us in your results!</p>	<p>23 Take part in an online dance class – we can recommend anything from Oti Mabuse's back catalogue!</p>	<p>24 Today would have been an Instrumental Festival dates. Make a brand new musical instrument! Fill glass bottles with water, make shakers putting rice into tubs, make a drum kit out of saucepans!</p>	<p>25 Record yourself performing on the instrument you made yesterday! Play along to your favourite tune or just go for it completely solo!</p>	<p>26 Chose a poem, learn it off by heart, click your fingers to create a rhythm track to perform while reciting your poem</p>	<p>27 Chose one of the BBC ten pieces written by a female composer to watch and listen to.</p>	
<p>28  London Symphony Orchestra</p> <p>Chose a piece performed by the LSO <a href="#">here</a> and watch the orchestra up close using this beautiful immersive webapp</p>	<p>29 Listen to the young cellist Sheku Kanneh-Mason perform this divine arrangement of Leonard Cohen's iconic song 'Hallelujah' <a href="#">here</a></p>	<p>30 To complete our 30 day musical challenge, take part in an online live-streamed musical activity – you can use the HMS weekly digest of events to help you pick one to do!</p>	<p>Record, share &amp; tag us in your challenges! <b>#HMS30days</b></p>			<p> </p>	<p><a href="http://www.hackneymusic.co.uk">www.hackneymusic.co.uk</a></p>